

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 1:

Take Intimacy Survey.

Which area was easiest to answer, why?

Which area was most difficult, why?

Were you surprised by any of the questions why or why not?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 2:

1. Jay's mom says couples will struggle with three things: Money, Sex, & In-laws. Do you find this to be true in general? Why or why not? Are there other issues you see in marriage?
2. In chapter 2 was the story of Joe Schumer discussing his priority list of God, marriage, children vs. God and family? Which priority list best describes you and why?
3. What do think about the following statement from Chapter 2? "The single best thing you can do for your child outside of having an authentic walk with Christ is to make your marriage a priority."
4. Prior to the Intimacy survey had you thought about the five facets the Laffoons purport? Do you see those facets in your marriage why or why not?
5. "An important part of marriage is accepting the things we would rather change" do you agree or disagree? Why?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 3:

1. How would you describe the difference between oneness and being one?
2. On a scale of 1-10, rate the success you have in your marriage of being one.
3. What would you say is the purpose of marriage?
4. When do you feel most intimate with your spouse?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 4:

1. On a scale of 1-10, from your perspective, rate the level of social intimacy in your marriage.
2. What first attracted you to your spouse?
3. What common interests do you have?
4. How often do you date?
5. What detractors can you identify in your marriage to social intimacy?
6. What attractors can you identify in your marriage to social intimacy?
7. What would be your five great dates meshed together?
8. What is one way you can improve your social intimacy over the next 21 days?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 5:

1. On a scale of 1-10, from your perspective, rate the level of mental intimacy in your marriage.
2. Identify the way(s) in which you and your spouse are intelligent. (Using Howard Gardner's eight multiple intelligences) from pages 62-68
3. Identify the areas in which you defer to your spouse's intelligence.
4. What detractors can you identify in your marriage to mental intimacy?
5. What attractors can you identify in your marriage to mental intimacy?

THE SPARK...

Igniting the Passion, Mystery and Romance in *Your* Marriage



Week 6:

1. On a scale of 1-10, from your perspective, rate the level of emotional intimacy in your marriage.
2. Identify the ways in which you and your spouse express emotions?
3. Think of the last “chili incident” you had in your marriage. What emotional filter were you utilizing to process at that time? What emotional filter was your spouse utilizing?
4. What common filters do you and your spouse utilize when processing emotion?
5. What detractors can you identify to emotional intimacy in your marriage?
6. What attractors can you identify to emotional intimacy in your marriage?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 7:

1. On a scale of 1-10, from your perspective, rate the level of physical intimacy in your marriage?
2. In what ways do you think you and your spouse succeed at being provocative and passionate?
3. In what ways do you need to improve being provocative and passionate?
4. What detractors can you identify in your marriage to physical intimacy?
5. What attractors can you identify in your marriage to physical intimacy?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 8:

1. On a scale of 1-10, from your perspective, rate the level of spiritual intimacy in your marriage?
2. Identify how you and your spouse express yourself spiritually?
3. Identify the common spiritual values that you share as a couple?
4. Explain your relationship, as well as your spouse's, to Jesus Christ.
5. What detractors can you identify in your marriage to spiritual intimacy?
6. What attractors can you identify in your marriage to spiritual intimacy?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 9:

1. On a scale from 1-10, rate how well you lose yourself in your marriage. List some examples.

2. On a scale from 1-10, rate how well your spouse loses themselves in the marriage. List some examples.

3. Describe how you view marriage. Is it three separate circles: you, your spouse, and the marriage? Or do you view it as two circles intersecting. Give examples of this being fleshed out.

4. Name one area of “self” that you have been holding onto which if let go, would grow your marriage.

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 10:

1. On a scale from 1-10, rate how well you love your spouse. List some examples.
2. On a scale from 1-10, rate how well your spouse loves you. List some examples.
3. Give examples of how you show your spouse that they are your priority.
4. What is at the heart of love for your spouse? Give examples.
5. On page 141 the Laffoons talk about the one reason NOT to have sex. Is this a practice common today? If not why not?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 11:

1. On a scale from 1-10, rate how well you live as if your marriage is more important than you are. List some examples.

2. On a scale from 1-10, rate how well your spouse lives as if your marriage is more important than themselves. List some examples.

3. Is your daily mindset “I” or “we” as you answer life’s questions?

4. What steps can you take to begin thinking more “we”?

THE SPARK...

Igniting the Passion, Mystery and
Romance in *Your* Marriage



Week 12:

1. What were the circumstances when you first knew you were in love? How did you feel?
2. How do you keep that feeling alive?
3. Share a time when your marriage encountered rough or rotten circumstances.
4. What principles or practices did you employ to get through that time?
5. Describe your view of a covenant marriage.
6. How do you say “I do” each day?